

Pre/Post Activities

Use these activities to accompany the author's reading on RallytoRead.org.

Standards: CCRA.R.2, CCRA.SL.2, CCRA.W.4



Good Night Thoughts

Author: Max Greenfield

Illustrator: James Serafino

Grades: PK–3

Pre-Reading Activity

Tell students that they are going to hear a story about a boy getting ready to fall asleep. Show the cover and read the title aloud.

Ask students:

- How do you feel when it's time to fall asleep?
- Why do you think he's saying goodnight to his thoughts?

Have a brief class discussion and encourage students to share what helps them relax at night.

Post-Reading Activity

In this story, a boy has lots of thoughts before bedtime and learns how to calm his mind and fall asleep.

Talk as a class about what happened in the story:

- What happens when the boy closes his eyes?
- What kind of thoughts is he having? Why?
- What kind of feelings is he experiencing, and how can you tell?
- What does the boy realize in the end?
- How did the boy finally fall asleep?

Sometimes our minds are busy at bedtime—just like the boy in the story!

Write a letter to the boy to tell him about a time when your thoughts kept you awake. What kind of thoughts did you have? What helped you feel calm or safe so you could fall asleep?